Exercising the gifts of the Spirit while at the same time revealing the fruit of the Spirit, however, is bound to bring great blessings. The surest proof of being filled with the Spirit is to see both the gifts and the fruit in our lives. This means using the gifts of the Spirit not for our own self-centered purposes, but for the benefit of others, while at the same time growing in spiritual fruitfulness.

Let us not neglect the Spirit's gifts. But, above all, let us seek the Spirit's fruit. For where the Spirit is wholly yielded to, there the fruit will abound.