Of course, even apart from the revelation of Scripture we know from experience how badly human beings can hurt themselves by living in such a way as to bring themselves unhappiness, misery, depression, despondency, sickness, and even death. And we have also seen from experience how badly human beings can hurt other human beings physically, emotionally, morally, and spiritually, and can make them suffer intensely.

Scripture confirms our common experience, and also tells us about the causes of suffering in the actions of Satan and in the curses that came on mankind and the creation at the Fall.